



**New home on
the range**
Escaped bison taken to
Hagersville farm

4



**Daylight Savings
Time ends**

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back by an hour on Nov. 1

Meteors welcome Trevor
Henley to the team. See
page 39

get it
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Sarah Ferguson Fort Erie Times

Ridgeway's Roy Trider has been hard at work this week creating an extravagant Halloween decoration display. He has transformed his home at 3045 Young Ave., into a spectacular scarefest and he invites everyone to stop by on Halloween night to view it. Trider has been decorating his home for the ghastly holiday for more than 30 years, and each year, he adds more items.

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Nicholson seeking interim Tory leadership

Penny Coles
Postmedia Network

While the position Rob Nicholson seeks is called interim leader, the job could last up to two years.

The Conservative MP of the Niagara Falls riding, which includes Niagara-on-the-Lake and Fort Erie, says the job of interim leader would be a good fit for his career right now, and he believes his experience and previous roles in the government make him a good candidate.

Going by those who have spoken publicly about the position and rumours from across the country, he could be facing as many as six or seven other candidates, he

says, "but I hope they choose me. I think this is a good fit for me at this point in my career."

He expects the Conservative caucus will meet in a couple of weeks, giving each candidate an opportunity to speak to members before they're asked to vote, he said.

The 63-year-old politician said he has been a member of the Conservative party since he was a child, and has always done what he can to help the party, including working for other candidates.

He's also taken on a number of responsibilities when asked, the said, "and each of the roles I've taken on I've tried to do my best for the

party. This is just another way to be of service."

Nicholson was one of the Conservative MPs able to hold on to his job as MP when the Liberal Party swept the country to form a majority government in last week's federal election.

Outgoing Prime Minister Stephen Harper will carry on in his role as MP but is giving up leadership of the Conservative Party.

Nicholson said he's honoured by the number of colleagues who have asked him to consider the role of interim leader, which would include assembling a shadow cabinet to be prepared for when parliament begins.

As interim leader, he would not be eligible for that job, but he's not interested in seeking it, he says.

While he can speak some French, he is not bilingual, and that is an important qualification for the next permanent leader, he said.

Nicholson was first elected in 1984 under the Mulroney

Conservatives, and has served under former prime minister Kim Campbell for a short time before the party was defeated by the Liberals.

Nicholson was re-elected in 2004 under a Liberal minority, and re-elected when that government was defeated in 2006.

He has had several significant roles in government, including chief opposition whip and transport critic, and as attorney general, minister of defence, and most recently minister of foreign affairs.

The timeline and process for a permanent leader will be determined by the National Party, he said.

It could be as little as six months from now, but a year to two years has also been suggested as an appropriate term for an interim leader, he said.

"It's up to the National Party. It's all still up in the air, but I'd like to see it a little sooner (than two years)."



Rob Nicholson

As for the rebuilding of the party in that time, he said, "I think we're in pretty good shape. We have just under 100 members, although we have some work to do, especially in Atlantic Canada."

Conservative MP and former veteran affairs minister Erin O'Toole, who was first elected in the Ontario riding of Durham in a 2012 byelection, and

longtime MP Diane Finley have also said they will run for the party's interim leadership.

The position of interim leader of the official opposition comes with a number of perks, including a car and driver, use of the official residence at Stornoway, and a salary bump of \$80,100.

— With files from Ray Spiteri/Postmedia Network

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CMS receives green light from MTO for two-lane interchange

Sarah Ferguson
Fort Erie Times

The Canadian Motor Speedway has received the green light from the Ministry of Transportation and the province to move forward with its plan for the interchange at Bowen Road on the Queen Elizabeth Highway.

Following a long process with the MTO and the province, CMS officials announced last Wednesday they received word they are not required to upgrade the two-lane interchange to a four-lane structure as long as certain conditions are met.

These conditions include closing the interchange at certain traffic thresholds based on the number of attendees to events and traffic queue length. The Town of Fort Erie and the Niagara Region will support the closure parameters. The Ontario Provincial Police have also agreed to support the speedway's proposed traffic management plan.

The interchange will remain open to emergency vehicles at all times.

This is very positive news for us and another major milestone achieved, moving us closer to construction,"

Ahaz Mohammad, the speedway's executive director, said in a press release.

"During the last three years, the Bowen Road interchange issue has been a significant challenge and it was critical for CMS to receive this conditional approval from the MTO."

Short of any approval delays, the speedway is expected to open in 2017, according to Erik Tomas, a spokesperson for the speedway.

"With construction, you never know. Barring any further delays (2017) is the goal. That's the finish line in front of us."

"Once we complete the site plan, get the necessary permits in hand, hopefully by next summer, we will be able to do the work needed to complete the relocation of Miller's Creek and to begin excavation of the core property for the oval track and grandstands."

Tomas said speedway officials will finalize its traffic plan "within the next few weeks." The next steps are to obtain permits to resume construction on the core land, along with finishing the speedway's detailed site plan and submitting it to the Town of Fort Erie for final approval. The Town of Fort Erie is applying for

funding for infrastructure for sewer and water to the CMS site and other properties in that area.

Tomas said the speedway's developers have faced a long journey to completing the project since it was first started in 2007. But, the team behind the CMS remains committed to seeing the track built in Fort Erie.

"(The developers) would not have invested so much time and money (in the speedway) if they didn't believe in it," Tomas said. "They believe in it and they are determined to see it through."

He said the Niagara Region already has a strong racing tradition with tracks like Merrittville Speedway.

"With racing fans already here in Niagara, they are going to form a big part of the CMS."

Tomas said the CMS will bring more than just a new track to Niagara; it will also provide entertainment and retail opportunities.

"This is extremely good news for all concerned and a relief, I am sure, for the team at CMS," Fort Erie Mayor Wayne Redekop said about the MTO's decision to approve the traffic plan for the

Bowen Road interchange.

"Now that this major hurdle has been overcome and with a focus on dealing with the servicing requirements for the site, we anxiously anticipate this project moving forward to make the vision a reality."

Niagara Regional Council supported the speedway project by including it in The Niagara Gateway Economic Zone and Centre Community Improvement Plan, which enables receipt of over \$3 million in grants and tax incentives.

Niagara Regional Council chairman Alan Caslin said the MTO's decision is important because the project will "create 750 jobs" once completed and is "critical to drive new growth in (the) regional economy."

Jeff Gordon, a four-time NASCAR champion continues to work with the speedway's architect, on design refinements for the 3/4 mile oval portion of the CMS complex.

sarah.ferguson@sun media.ca

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Jeff Donahue, a long time resident of Fort Erie and past Vice President of Performance Plus, has been named the 2015 Fort Erie Business Award winner. Jeff has been with the business for 10 years and has been instrumental in the success of the business. Jeff is a dedicated professional and a community leader. He is proud to be a part of the Performance Plus team and to have been recognized for his contributions to the business and the community.

Escaped bison have a new home

Tony Ricciuto
Postmedia Network

The bison that escaped from a farm in Niagara Falls earlier this month now have a new home on the range.

It might not be exactly where the deer and the antelope play, but it's a farm in Hagersville where they can run around and enjoy life with about 70 other buffalo.

"The buffalo got a good home and they will actually be buffalo cows for the rest of their lives," said Earl Foster, who along with his son, Tyler, run Foster Cattle Recovery, a company out of Alvinston, Ont.

"They are now in a really good place," he added.

His company was called in by the Niagara Falls Humane Society to help capture two of the three female bison that escaped through a fence from a Willodell Road farm in rural Niagara Falls on Saturday, Oct. 3.

One bison, the largest one, was struck and killed by two vehicles on the Queen Elizabeth Way near Lyons Creek Road on the Tuesday. The other, the smallest one, was caught by the wranglers on Wednesday.

On the Saturday, a young bison, believed to be about one year old was spotted in a forested area along Montrose Road, between Lyons Creek Road and Schilder Road.

Members of the cattle recovery company, some in truck, some on ATVs and some on horses, circled the area for several hours, along with several dogs. The wranglers helped to guide the bison back into a bush area where it was captured.

"There's a little trick to catching them," said Foster, who did not wish to disclose how much he billed the humane society for his services because the organization might not want that information released.

"I haven't been paid yet. I've given the bill to the humane society because they are the ones who called us in," said Foster.

He did not know if the humane society would be trying to recover that cost by going after the owner of the bison. Foster said that is something the two parties would have to work out because the owner might refuse to pay because he's not the one who called his company in to try and capture the bison.

"I had five guys there and I've already paid them so my bill better



File Photo Postmedia Network

Wranglers from Foster Cattle Recovery were involved in capturing bison that escaped from a rural Niagara Falls farm earlier this month.

get paid," said Foster.

"We capture cattle all the time, but the last time we captured buffalo was about 10 years ago in Guelph. The problem is that if the

buffalo get out once, they will get out again if you don't have the proper facility."

Repeated calls to both the Niagara Falls Humane Society and the

Ontario Society for the Prevention of Cruelty to Animals have not been returned.

tony.ricciuto@sunmedia.ca

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► NEWS BRIEFS

Comedy night and pasta dinner

The Ridgeway Crystal Beach Kinsmen are hosting a comedy night and pasta dinner on Saturday, Nov. 7 in appreciation of Riche's has mat team. The event will be held at 2973 Hyman Ave., in Ridgeway. Doors open at 6 p.m. and dinner at 6:30 p.m. Tickets are \$10 per person.

The event will feature comedians David Green and Oren Williamson. Proceeds from the fundraiser will benefit the Kinsmen Christmas of Love program.

For more information, call 905-351-9758 or 905-329-2124.

Marina future under discussion

The Niagara Parks Commission continues to move forward with plans to enhance and improve the overall operations of its marina at Miller's Creek. Members of the public are invited to attend a community consultation on Oct. 29 from 6:30 p.m. to 8:30 p.m. at the Old Fort Erie visitor centre to review and comment on three possible future scenarios for the marina site.

From 1903 to 1930, the site hosted shipbuilding and repair facilities, as well as a metal foundry and fabrication factory. The marina lands were purchased by Niagara Parks in 1957, and a small

boat launch was established in 1965. Today, the marina offers 135 seasonal boat slips.

Motorists urged to use caution on bridge

Regional Councillor Sandy Annunziata is urging motorists to use caution when crossing the Central Avenue Bridge. In his report to council on Monday night, Annunziata said he has "fielded concerns" from residents about traffic as construction is completed on the bridge.

"Some of those concerns have to do with Wilmot Street where the lighting system at one end of the bridge and the other end of the bridge are working effectively, but people tend to bypass that system by turning left and right off of Wilmot onto Central Avenue," Annunziata said. "Unfortunately, there have been instances where cars have met on the top of Central Avenue Bridge."

Construction recently began to renew Fort Erie's most iconic bridge and work is expected to be completed by August 2016. Annunziata said traffic on the bridge has been reduced to one lane until the work is completed. Annunziata has forwarded these residents' concerns to Town and Region staff to find a solution to solve the traffic concern. "It's incumbent on motorists to follow the rules of the road," he added.

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The
Fort Erie Times

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Point of View

Models exist for legalizing pot

Justin Trudeau seems to be moving quickly on some of his campaign promises.

Let's hope, despite the eager anticipation of some youth across the country, he doesn't rush on his promise to legalize marijuana - he needs to proceed with caution.

He hasn't made it clear how he intends to move forward, but he has promised to make it more difficult for young people to obtain marijuana, not easier.

We have some examples of what is already out there to show us what might work and what might not.

The federal government gave us evidence of what could turn disastrous when it created residential medical marijuana licences, but then learned from its mistakes and very carefully crafted legislation to allow tightly-controlled commercial operations that are highly security-conscious, must follow local planning policies, and depend on mail order for sales and delivery.

Although retail sales are likely to be a component of recreational marijuana, we have no further to look than the control and taxation of alcohol and tobacco sales, which vary from province to province. Trudeau has said he doesn't favour corner store sales because that would

make it too easy for youth to purchase pot, so the Ontario LCBO model might be a way to start.

And it would not be a surprise to see Niagara, with its large number of greenhouses and growers, be part of the model. Niagara-on-the-Lake is, after all, home to one of the largest, if not the largest, legal medical marijuana facilities in Canada - possibly the world - with space to expand. The Ottawa-based company that owns Tweed Farms has seen its stock skyrocket since the federal election last week put Trudeau in a position to move ahead with legalization of recreational marijuana.

We can foresee interesting future battles at the town hall, but Tweed Farms is proving that under Health Canada regulations marijuana can be grown and distributed safely and responsibly.

NOTL has the first legal commercial facility in Niagara, but other municipalities, including Fort Erie, are dealing with their own legislation as potential operators look for appropriate locations and apply for licences.

Something to consider - Niagara a destination for wine, craft beer, and regulated outlets for pot? It doesn't seem

too long ago that our town stewards were flocking at how to best regulate fledgling wineries as part of the value-added agricultural industry. We've come a long way, baby.

And just as the conversation continues about taxation for alcohol and wine industries, it will surely be part of the marijuana discussion, that will also include keeping profits out of the hands of organized crime and producing revenue for the government that will help to fund addiction and education programs.

Allowing the governments, likely a combination of federal, provincial and even municipal, to take control of cannabis production and distribution, seems like a likely answer for creating a safer environment for marijuana use, the same way bureaucracy has for the use of alcohol and tobacco - not without its issues, but which continues to progress toward allowing adults to make their own choices under the best protection possible.

For many of us, it's a difficult concept to accept - although marijuana has been part of our culture since the '60s, it hasn't been as mainstream as alcohol and tobacco.

That might be about to change.

Do You Remember?



Our thanks to Melanie Screen and Sheila Cooper for calling in to identify their sons and to Julia Gerry who called in to identify her brother in last week's photo. The winners of the 1981 Ridgeway Cub Scouts race competition were, (front row, from left, Philip Screen and Mike Cooper (back row) Jason Ehrhardt, Danny Dileo, and Jimmy Gilson. Cub scouts would design and then build these cub kars to race down a ramp in tournaments to compete for prizes in categories such as: fastest lightweight and heavyweight, and most futuristic. These Cub Scouts met in the old Ridgeway Lions Club Hall on Prospect Point Road.

Very scary! So whoooo can tell us whoooo is in this Halloween photo taken in front of Brodie's Drug Store? The hologram stamp on the back says, 1975. Please call the Fort Erie Historical Museum at 905-894-5322 or scream mail us at museum@forterie.on.ca

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OUR LETTERS POLICY

To be considered for publication, all letters must include the writer's full name, address and telephone number for verification purposes. Only your name and the city/town where you live will be published. Please keep your comments to a maximum of 500 words. Submit your letters via e-mail to: sarah.ferguson@sunmedia.ca

Comment

Learn new, creative ways to decorate your home for the holidays

Amey Roebuck
Special to The Times

On Wednesday, Nov. 4, Melanie Ripa of Lush Florals will be at the Centennial branch of the Fort Erie Public Library beginning at 7 p.m., to demonstrate decorating ideas to adorn your home for the holidays.

Using mostly natural elements, Melanie designs lovely urns and centrepieces in various sizes and scales, and shows how you can, too.

The program is free, and there will be a draw at the end of the evening for some of Melanie's creations. Lush Florals has existed since 2007, when Ripa started as a gardener and fell in love with arranging interesting flowers and foliage.

She integrated that botanical type floral design into her wedding and event business, which specializes in natural design with natural accents. The library collection includes many idea books for this hectic time of year.

The editors of Good House-keeping and Country Living have a new offering, *Holiday cheer: festive inspirations for your best season ever!* Susan Wasinger's book *Artful Christmas* offers thirty elegant craft projects. Christmas baking and cooking, Christmas sewing and needlecraft—now is the time for the eager do-it-yourselfer to browse the library for inspiration and motivation, while there is still time to turn good intentions into great gifts and entertaining.

There will be treats for children under 12 who come into any library branch on Saturday,

Oct. 31. For adults, a screening of the cult classic *The Rocky Horror Picture Show* starring Tim Curry and Susan Sarandon will be presented at the Centennial branch beginning at 2:30 p.m. This rock 'n' roll science fiction horror satire is a fan favourite Halloween show.

For all ages of aspiring writers, November is National Novel Writing Month, a great way to put off procrastinating and start your novel now! On Wednesday evening, Nov. 4, visit the Centennial branch at 6:30 p.m. and learn how to participate in NaNoWriMo, which is basically this: early in November, you begin writing your novel. For adults, your goal is to write a 50,000-word novel by midnight, local time, on Nov. 30. You write on your own computer, using whatever software you prefer. Computers with Microsoft Word are available at the library, too. This is not as scary as it sounds, because it is about getting words on paper, not on making sure they are the right words. Valuing enthusiasm, determination, and a deadline, NaNoWriMo is for anyone who has ever thought about writing a novel. There are special helps for children and teens in the Young Writers pages of NaNoWriMo.org.

Please note that bookdrops at all three branches of the library will be closed overnight on Oct. 31. Find out about programs, movies, holidays from Halloween to Christmas, and more on the library website, www.fepcl.ca.

Amey Roebuck is the community services coordinator at the Fort Erie Public Library.

Let's talk about Beech Trees

Earl Plato
Special to The Times

They grow throughout Marcy Woods.

Most of them grow along the Lower Trail and most of them are on dead beeches.

We are looking for towering dead beech trees. The trees have a smooth gray bark in colour. Fungi live well on dead beech trees.

This article is about two dead beeches on the Lower Trail.

This past year, they have fallen. One of the dead beeches had at least 20 of the Horseshoe fungi growing up its side.

On trips we always tried to stop there and I told my little story.

It was a usual Saturday ramble with Bert Miller, my father, Perc, and me.

We were in Graham Woods off Rose Hill Road. Bert had snapped a small Horseshoe fungus off an old beech. He took his penknife and scraped a large amount of the fungus on a piece of bark.

He gave a scientific name to the Horseshoe residue. I have forgotten its name. Bert was a true scientist who had learned the scientific names of things he had found. He took a lighter from my pipe-smoking father and applied the flame to the residue. It did not burst into flame but glowed after removing the lighter's flame.

He said, "That's what your punk sticks are made of." *Writer's note:* Old timers remember using the long punk stick to set off fireworks.

Ignite the punk stick's end and it glowed allowing you to touch a wick of fire crackers or rockets. It worked. No burnt fingers.



A drawing of the Point Abino Great Blue Heron.

"C'mon Plato, what about our big local bird?"

On a drive to Point Abino wife, Elaine, spotted one at the mouth of the drainage ditch.

The Great Blue of course is our largest of all herons in North America.

From head to tail, the length of the bird is 91-140 centimetres (36-55 inches).

As you watch these magnificent birds fly leisurely away from you check their wingspan, which is

167 to 201 centimetres (66-79 inches). That's almost a wing span of eight feet—one of the largest ones!

Height?

Not as tall as I thought, about 4 to 4 ½ feet.

Weight?

Remember it's a bird—one four to eight pounds. Herons fly with the S shape of their neck while cranes fly with neck straight out in a line. The Great Blue is a graceful flyer.

if it's local, it's here forterietimes.ca

From the gardener's journal

Ruth Vold Markle
Special to The Times

Having enjoyed a few weeks of autumn colour and sunshine I have had the opportunity to reflect on some lessons learned on our cross-country journey.

In honour of our prairies friends and family I am sharing a special recipe. (See box).

I'd like to share some of the lessons I have learned while travelling through the prairies. Hospitality ensures survival: The communities are far apart and the land is great and can be harsh.

To survive and thrive, a welcome and meeting of the

needs is essential. Those good folk who live and ranch and farm on these lands know all about making you welcome and helping you feel at home.

Staying together ensures the community: Observing the vast herds of bison, bovine and elk brought that lesson home. Mamas and babies moved together through the land in protection in the herd.

To be isolated meant danger and possibly death from predators. That visual speaks clearly to us.

Make the most of what you have, and pepper life with humour: The vastness of the ranches and farms

could have been overwhelming, but the folk were willing to share tales and humour that reflected not only their hard work and tendency to overcome all obstacles but also their own ability to appreciate the land and the difficulties of every day life.

My favorite humour came from one of the rangers in the Alberta Mountains that referred to snow as 'fluffy rain'.

Now that's a positive attitude when you might experience that 'fluffy rain' year round.

The sky reaching out to touch the ground and the bright and clear starry

evenings are memories that are etched permanently in my memory. I can so easily understand why my family chose this land to live on, to work on and to thrive on. In our lovely community by the water, we can easily forget the vastness and wide-open treeless spaces of another part of our country. Every community has its unique beauty.

See you on the trails, in the greenhouse or in the twilight in the garden as those last minute tasks are finished.

Until next time, keep growing

Ruth Vold Markle is a member of the Fort Erie Horticultural Society.

CREAMY BEEF AND POTATO BAKE

Ingredients:

- 3 potatoes, peeled and thinly sliced
- 1/4 cup butter
- 2 tbsp vegetable oil
- 2 zucchini sliced
- 1/2 tsp salt
- 1/2 tsp pepper
- 1 onion finely chopped
- 1 tsp oregano (premier fresh)
- 1 lb lean ground beef
- 1/2 cup tomato sauce
- 2 cups milk, divided
- 1/4 cup all purpose flour
- 1 1/2 cups grated sharp cheddar cheese

Preheat oven to 375 degrees. In skillet, melt two tabs butter and the vegetable oil.

Add potatoes and cook over medium low heat for five minutes, stirring frequently.

Add zucchini, salt and pepper, cooking until zucchini is tender.

Spoon vegetables into a 13" x 9" baking dish, setting aside for a few minutes while cooking the meat mixture.

In skillet, cook onion and oregano until tender. Then add lean beef, cooking and stirring until beef loses its pink colour. Stir in tomato sauce and 1/2 cup of milk. Spoon meat mixture over vegetable layer in baking dish.

Melt remaining butter in skillet and add flour, cooking for one minute.

Gradually whisk in remaining milk. Cook and stir until sauce boils and thickens. Stir in cheese. Then pour sauce over meat and vegetable layer in baking dish. Bake in oven for 20 to 25 minutes or until golden brown. Let stand 10 minutes before serving.

For a true prairie taste add fresh homemade biscuits and strong black coffee.

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Ghost tours return to Old Fort Erie

Sarah Ferguson
Fort Erie Times

Step back in time to experience the ghosts of Canada's bloodiest battlefield.

Ghost tours at old Fort Erie will be held on Oct. 30

and 31 at Old Fort Erie.

Staff will guide people by lantern on the grounds of the fort, giving the perspective of the spirits who still make their presence felt within the walls.

"We often brag we don't

have any people jumping out of corners, or out of windows, because we have real ghosts we tell stories about," Travis Hill, manager of Old Fort Erie, said.

He encourages people to come and "let (their) imagi-

nation run wild."

Old Fort Erie has been offering ghost tours since the mid to late 1990s and it has become a tradition, Hill said.

Come for a fun, frightening evening, ending with

refreshments and the annual burning of the Guy Fawkes each evening. The event is all ages.

Tickets are \$12.25 for adults, \$7.95 for children ages six to 12 and children five and under are free.

Tours will be held at 7:30 p.m., 7:45 p.m. and 8 p.m. each evening. For more information or to make a reservation call 905-871-0540.

Sarah.ferguson@sunmedia.ca

Ghobins, ghouls and ghosts set to trick-or-treat

Sarah Ferguson
Fort Erie Times

Little princesses, superheroes, goblins and ghosts will descend on Fort Erie on Halloween night.

To celebrate, the Fort Erie Optimist Club is inviting youngsters to attend the

Halloween Bash and Costume Contest on Saturday, Oct. 31.

"(The Halloween Bash) is something that was started 40 years ago and we continue to do it for the kids of Fort Erie," said Fort Erie Optimist Club president Daniel St.

Michel.

The event will be held at the Fort Erie Leisureplex Banquet Hall beginning at noon. The free family event will offer entertainment and a magician beginning at 12:30 p.m.

A committee of volunteers will begin

judging the best costumes at 1:30 p.m. for children ages 12 and under. This year, there is also a best dressed category for families. Cash prizes will be awarded to the top three participants in each age division.

Each child will leave the

event with a free goodie bag.

The Bridgeburg Business Improvement Area Association is hosting its own Halloween Bash on Halloween day from 11:30 a.m. to 3 p.m.

Organizer Tanya Huggins said there will be plenty of crafts, a haunted

house, games, cookie decorating and a costume contest at 100 and 101 Jarvis St.

Participating business owners are inviting youths to trick-or-treat along Jarvis Street.

Sarah.ferguson@sunmedia.ca

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Health Corner

Negative Effects of Partial and Dentures

When patients experience tooth loss, dentists discuss different treatment options to replace missing teeth. Fortunately, replacement is a lot more predictable and comfortable as you can literally replace teeth with artificial (bionic) teeth called dental implants.

However, often due to initial costs, many patients are opt for removable prosthesis such as partials or dentures. The following is the negative effects of removable prosthesis.

- Bite Force decreased from 200PSI to 50 PSI for partial denture wearer
- 15 year denture wearers



Dr. John Inigo

have reduced bite force to 6 PSI. Patients with dentures have 97% less chewing efficiency compared to patients with a full set of teeth

- Chewing efficiency is decreased
- More drugs are necessary to treat digestive disorders
- The life span may be decreased
- Food selection is limited
- Healthy food intake

is decreased

- Psychological effects related to dentures and partials

Thankfully with advent of dental implants, these effects are greatly reduced and often minimized. Talk to your dentist about dental implant options.

Dr. John Inigo is a practicing general dentist in Fort Erie and Ridgeway, Ontario. He can be reached at Inigo Bertie Dentistry, 905.871.2903 or Inigo Ridgeway Dentistry, 905.894.5555. For further information and discussion, please visit his office at www.inigodentistry.com.

Big week for Halloween shopping

Ray Spiteri
Postmedia Network

Halloween retailers across Niagara are bracing for a busy week, as costume-hunting customers look for last-minute deals.

Tony Serra, store manager at Value Village in Niagara Falls, said he has seen about a 15 per cent increase in sales so far this Halloween season from last year.

He said by the time Halloween arrives Saturday, he expects to see close to a 20 per cent increase from the previous year, which itself was a record-setting first season for the thrift store on Lundy's Lane.

Halloween falling on a weekend this year as opposed to mid week is a boon for business, said Serra.

"We've planned ahead knowing Halloween is on a Saturday this year, so we have tripled the amount of thrifty costumes we have in stock," he said. "People and the bars will go all out because it's on a Saturday — there will be more kids out and more parties out there."

Serra said the Minions appears to have replaced Queen Elsa from the film Frozen, as one of the most popular costumes this Halloween.

Superhero costumes, as

usual, are also among the most popular, such as the Hulk, Superman and Batman.

He said Value Village once again has "costume consultants" on staff who are there to help customers with their choices, and answer any questions people may have. Serra said these staff members go through training to know how to help customers.

He said it has served Value Village well because there are times customers want clothing, such as a poodle skirt or something out of a 1950s diner scene, that may not be pre-packaged as a costume, but may be available in other section of the store.

Serra said the store also has stations dedicated to specific costumes, such as space, zombies and hippies.

Stevensville resident Heather Solomon, who was browsing through the aisles filled with costumes, said because Halloween is on a Saturday, she and her husband were invited to a party.

She's planning to go as Bride of Frankenstein, while her husband will dress up as Frankenstein.

"My daughter is going to be Little Red Riding Hood and my son is still deciding whether he's doing this at all. He's kind of at that age in between," said



Mika DiBartista Postmedia Network

Ann Varga, lead costume consultant at Value Village in Niagara Falls, is one of the many employees that help customers choose and put together Halloween costumes. With Halloween on a Saturday this year, there are more parties and special events being held creating even a bigger costume frenzy than previous years.

Solomon.

Amber Benoit, who was also browsing Value Village, said she and her husband are going to a Halloween party dressed as the Smurfs.

"We came in to get some paint and just to check things out," said Benoit. "I'm looking for parts to the costumes and maybe trying to add something to our kids' costumes."

Lisa Baker, store manager at Value Village in St. Catharines, said she's impressed by the different age groups coming in looking for costumes.

She said many parents come into the Ontario Street store with their children,

but many adults are also hunting for unique costumes.

Pirate costumes remain a hot seller, while morphsuits are also peaking customers' interests, said Baker.

She said there are times customers come into the store wanting to buy a costume, but not be entirely sure what they want to be for Halloween. That's where it's handy to have the consultants on hand.

"Sometimes a person doesn't know, but then they will talk to one of our costume consultants, ask a few questions, and the next thing you know, they have a unique costume and accessories they're happy with."

Candy Adams, owner of the Dark Zone store inside Welland's Seaway Mall, said Harley Quinn and Batgirl are the most popular costumes for girls, while Halo is the No. 1 children's costume.

She said she expects this week to be the busiest of the season for her seasonal store, with costumes, masks, makeup, accessories and decor flying off the shelves.

"In September, we got the diehards, but this week we'll get the last-minute people who have weekend parties to go to — we'll see a lot of college students."

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Raising awareness for breast cancer

Sarah Ferguson
Fort Erie Times

There are a number of tools that can help women detect breast cancer.

Laurie-Ann Whitnall wants to make sure that everyone is aware of all those tools.

Whitnall, a certified thermographer, offers breast thermography, at her clinic, Thermography Clinic Niagara, which she opened five years ago at 18 Cross St. in Welland.

Thermography is a 15-minute test that looks at the physiology of the breast. The exam uses a digital infra-red camera to measure heat and inflammation in a woman's chest, breasts and underarm.

When a thermography test is given, it "establishes a baseline from which to measure future breast health and potential risk factors."

According to Whitnall, thermography is based on the science that a constant supply of blood is circulated to a particular area before abnormal cells begin to grow. Chemical and blood vessel activity in pre-cancerous tissue in the area surrounding a developing breast cancer is almost always higher than in a normal breast.

Pre-cancerous and cancerous masses require an

abundance of nutrients to maintain their growth.

A thermography test measures the heat generated by the microcirculation of the blood in the breast during this process.

"Thermography doesn't replace mammography," Whitnall said. "It's a different option that women are not aware of."

According to Whitnall, "there is no radiation involved, no compressions and it's non-invasive."

"It's a green screening," she said.

Thermography is a beneficial tool in the fight against breast cancer. When women combine thermography with a physical breast exam and a mammogram, 95 per cent of early-stage breast cancer can be detected.

It's important to discuss breast cancer year round and not just during October, which is recognized as Breast Cancer Awareness Month. Whitnall hopes to inspire women to take their own health into their hands.

"The biggest thing women need to know, is that they need to take the time to take care of themselves," Whitnall said.

"Many times, women take care of others before they take care of themselves."

When women come in for thermography screenings,

Whit all's goal is to encourage them to ask questions about breast cancer.

"When someone has breast cancer, she doesn't have to jump on it and make a decision under pressure," Whitnall said.

"You need to talk to your spouse, or another friend before you make a decision about breast cancer treatment. It's always within your right to get a second opinion from a different doctor."

In addition to offering service at her Welland location, Whitnall offers thermography tests at mobile clinics across Niagara.

The cost of a thermography test is \$250 and is not covered by OHIP.

The exam is beneficial for women who want to take a proactive approach to their health, have inconclusive or repetitive mammograms, physical breast exams or ultra sounds, have breast implants, or who are pregnant.

Upcoming clinics will be held at Ridgeway Health and Wellness, 355 Ridge Rd. North on Saturday, Feb. 27 and Saturday, April 2.

For more information about thermography visit www.thermographyclinic-niagara.com or call Whitnall at 905-714-1221.

sarah.ferguson@sunmedia.ca



Laurie-Ann Whitnall and her assistant, Cathie King, perform thermography exams, at Thermography Clinic Niagara in Welland.

Sarah Ferguson Fort Erie Times



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Special to The Times

The Niagara Paramedica Association, along with members in the community, held a fundraiser Sunday in support of Fort Erie's Doris Goertzen, and others battling breast cancer. Beside Doris is her son, Eric Goertzen. Proceeds were also donated to the Walker Family Cancer Centre in St. Catharines.

Raising awareness and support for breast cancer patients

Annie Pasquariello
Special to The Times

epaulettes during the month of October in addition to raising funds.

Lecompte says the event was a huge success.

"We had fantastic support. Family, friends and coworkers all came out to support my sister and others battling breast cancer," she says.

Cecile Lecompte, project coordinator for the event, came up with the idea to support her sister, Doris, who is in treatment for breast cancer.

The event raised more than \$2,300 to support Goertzen and the Walker Family Cancer Centre in St. Catharines.

Some of the events at the Shouting Out Pink event included head shaving, pink nail painting, a penny sale and prize draws.

The event raised more than \$2,300 to support Goertzen and the Walker Family Cancer Centre in St. Catharines.



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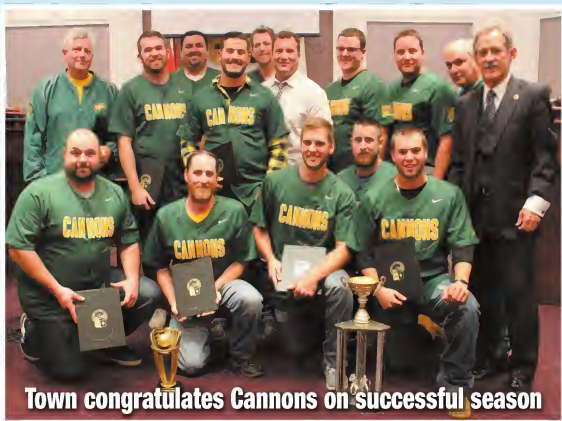
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Sarah Ferguson Fort Erie Times

The Town of Fort Erie honoured the Fort Erie Cannons Monday night when Mayor Wayne Redekop presented members of the senior men's baseball team with certificates in recognition of the team's successful season. The Cannons won their first Senior B Ontario Baseball Association championship title during a tournament held from Sept. 4 to 6 in Wyoming. The team also went on to win its first Niagara District Baseball Association championship in decades.

Town congratulates Cannons on successful season

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We look forward to the 2016 Season Registration will begin in March

We would like to thank Parks & Leisure Services and all staff for keeping our baseball diamonds in great shape. Also, special thanks to all our Coaches, Assistant Coaches, Umpires and all other Volunteers.

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Niagara Falls grandma stars in Canada's Worst Driver

John Law
Postmedia Network

The 11th season of *Canada's Worst Driver* will feature a Niagara Falls grandmother fond of speeding, texting and even putting on make-up while driving.

"I'm here to shut my family up," says 46-year-old Tina Cook in a clip from the show's season premiere, which aired Oct. 26 at 10 p.m. on the Discovery Channel.

Cook, who did not respond to interview requests this week, says her oldest daughter Ashley nominated her for the show. She's one of nine contestants who will go through the show's usual array of obstacle courses to try to improve her driving skills. The contestant who fares the worst is named Canada's Worst Driver, and in extreme cases, the show's driving experts may contact the Ministry of Transportation to request the winning driver's licence be suspended.

"She's a d--- on the road," Cook's daughter says in the clip.

Cook, who has six children and six grandchildren, is then asked by host Andrew Younghusband what is the fastest she has ever driven. She responds "200 (km/h)."

She's later seen driving over 90 km/h on a Niagara street with a 50 km/h speed limit.

"Tina's speeding so fast she could have her licence suspended," a voice over explains.

In a second clip, Cook is seen arguing while driving



Niagara Falls resident Tina Cook, right, with daughter Ashley in the back seat, appears in Season 11 of Canada's Worst Driver. The first episode aired Oct. 26.

Special to The Times

with another daughter, Amanda. She then pulls her pickup over to have drinks on a friend's porch.

"On the day we met her, Tina stopped to guzzle a vodka cooler and to throw back a shooter ... in less than five minutes," the announcer says.

Shortly after, Cook is seen

narrowly missing a SUV as it pulls onto Lundy's Lane. "You are a f---ing hazard," she screams.

"Tina is a speeding, abusive bully on the road who feels entitled to drive however she wants," said Younghusband when contacted by The Review. "Her biggest

challenge is going to be simply understanding that slow drivers, or even bad drivers, have just as much of a right to be on the road as she does. "When she yells or tailgates a bad driver, she's terrifying them and making them far worse than they were before."

Niagara has played a large role in the show, which debuted in 2005. Portions of the sixth, seventh, eighth and tenth seasons were filmed in Niagara Falls or St. Catharines, and the show's Driver Rehabilitation Centre, where most of the action takes place, is located at the

Dunnville Airport.

Previous Niagara contestants were Faith Ann Stone of Niagara Falls in Season 1, Dale Pitton of St. Catharines in Season 2, and George Firth of St. Catharines and Mariah Carriere of Port Colborne in Season 10.

john.law@sunmedia.ca

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Ian Hamilton brings thrills and suspense to reading series

Sarah Ferguson
Fort Erie Times

It was after a life-threatening health scare that Ian Hamilton sat down and wrote his first book in a series of novels.

It's an interesting story Hamilton says he is looking forward to sharing during his upcoming visit to Ridgeway.

Hamilton is the third author to be featured in the Ridgeway Reads Literary Society's Fall Reading Series on Oct. 30 at Ridgeway-Crystal Beach High School.

"I was two days out of hospital (and recovering from surgery) when I started writing my book. I don't pre-plot and I don't do outlines. The name Ava Lee came to me out of absolutely nowhere,"

Hamilton explains.

His series is about Ava Lee, a young Chinese-Canadian forensic accountant who specializes in recovering massive debts that likely won't be recovered through traditional methods.

When he sat down to write the first book in the series, *The Water Rat of Wanchai*, Hamilton says Ava Lee was "completely and fully formed."

"I had one sentence in my head and that set the tone."

Over the course of the next eight months, Hamilton had written four novels.

When Hamilton stops in Ridgeway, he'll talk about his book, *The King of Shanghai*, which is the seventh novel in the Ava Lee series.

Hamilton has always had a passion for writing. He began his career as a journalist and wrote a non-fiction book in 1968 called *The Children's Crusade*. The book was recognized as a Canadian Book-

of-the-Month selection.

Hamilton has also written for a number of magazines and newspapers in Canada and the U.S., including the *Calgary Herald*, *MacLean's* and *Boston Magazine*.

He has also worked as a senior executive with the federal government and has worked internationally as a diplomat and businessman.

Hamilton said he weaves his own experiences and travels into his books in order to "capture the flavor" of the places that Ava Lee visits.

Hamilton's Ava Lee Series has been shortlisted for a number of awards including the Arthur Ellis Award, the Barry Award, and the Lambda Literary Prize, and are national bestsellers.

The *Water Rat of Wanchai* was the winner of the Arthur Ellis Award for Best First Novel.

Doors open at 6:30 p.m. and the event will begin at 7 p.m. Tickets are \$5 per person. For more information visit www.ridgewayreads.com.
sarah.ferguson@sunmedia.ca



Ian Ford Special to The Times

Ian Hamilton

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*XSE V6 model shown.***

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Sarah Ferguson Fort Erie Times

Chamber to host Black Cat Gala

The Greater Fort Erie Chamber of Commerce is inviting members of the community to attend the 10th annual Black Cat Gala Auction on Friday, Nov. 13. The event will be held from 5:30 p.m. to 9:30 p.m. at the Fort Erie Leisureplex Banquet Hall. The gala will offer dinner, dessert, games, door prizes, a silent auction and live music featuring The Black Cat Brass. Tickets are \$55 per person or \$50 per guest for tables of eight or 10 people. Proceeds from the event will benefit the Chamber's annual bursary program and Greater Fort Erie Centre for the Arts Fund. For more information call 905-871-3803 or e-mail office@forteriechamber.com. From left, Black Cat Gala committee members Glen Pinbow, Kate Marci, Rick Prabbs and Karen Aude, held some of the prizes that will be up for grabs at the event.

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Municipal Act, 2001

SALE OF LANDS BY PUBLIC TENDER THE CORPORATION OF THE TOWN OF FORT ERIE

TAKE NOTICE that tenders are invited for the purchase of the land(s) described below and will be received until 3:00 p.m. local time on November 17, 2015 at the Municipal Centre, Clerk's Department, 1 Municipal Centre Drive, Fort Erie, Ontario, L2A 2S6.

The tenders will then be opened in public on the same day at The Municipal Centre, Conference Room 1 at 3:05 p.m.

Description of Land(s)	Min. Tender Amount
LAKESIDE RD WS, PLAN 86 PT LOT 504 NP426 REG 0.06AC 20.00FR 127.500, PIN 64205-0040(LT) ROLL NUMBER 2703 020 009 30701	\$7,217.67
BERTIE BAY RD WS, PLAN 118 LOT 76 TO LOT 79 NP458 CORNER 0.53AC 200.00FR 117.000, PIN 64467-0253(LT) ROLL NUMBER 2703 020 010 86900	\$3,724.77
DELAWARE AVE WS, PLAN 129 LOT 333 IRREG 0.07AC 131.69FR 107.800, PIN 64467-0106(LT) ROLL NUMBER 2703 020 010 98157	\$2,983.47
DELAWARE AVE WS, PLAN 129 LOT 331 LOT 334 IRREG 0.23AC 42.71FR 143.080, PIN 64467-0105(LT) ROLL NUMBER 2703 020 010 98159	\$3,258.32
LIVINGTON AVE WS, PLAN 140 LOT 667 TO LOT 669 NP480 REG 0.29AC 120.00FR 105.000, PIN 64446-0053(LT) ROLL NUMBER 2703 020 010 98413	\$3,100.90
LAFAYETTE AVE SS, PLAN 118 LOT 189 PLAN 126 LOT 191 LOT 192 ON CUR 0.44AC 96.12FR 118.000, PIN 64467-0163(LT) ROLL NUMBER 2703 020 010 98701	\$4,837.66
SIMS AVE SS, PLAN 113 LOT 227 NP453 REG 0.12AC 40.00FR 124.500, PIN 64219-0075(LT) ROLL NUMBER 2703 020 019 15700	\$3,515.45
SIMS AVE, PLAN 453 LOT 236 REG 0.11AC 40.00FR 118.600, PIN 64219-0069(LT) ROLL NUMBER 2703 020 019 18100	\$3,637.45
SIMS AVE, PLAN 453 LOT 238 REG 0.11AC 40.00FR 118.600, PIN 64219-0067(LT) ROLL NUMBER 2703 020 019 18300	\$3,637.45

Tenders must be submitted in the prescribed form and must be accompanied by a deposit in the form of a money order or of a bank draft or certified cheque by a bank or trust corporation payable to the municipality and representing at least 20 per cent of the tender amount.

Except as follows, the municipality makes no representation regarding the title to or any other matters relating to the land to be sold. Responsibility for ascertaining these matters rests with the potential purchaser.

This sale is governed by the Municipal Act, 2001 and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes and the relevant land transfer tax and HST if applicable.

The municipality has no obligation to provide vacant possession to the successful purchaser.

For further information regarding this sale and a copy of the prescribed form of tender, contact:

GILLIAN CORNEY
Manager of Revenue & Collections
1 Municipal Centre Drive
Fort Erie, Ontario, L2A 2S6 • T. (905) 871-1600 ext 2305 • gcorney@forterie.on.ca

REQUEST FOR PROPOSALS

FOR

THUNDER BAY STORM DRAINAGE PHASE 3 & 4 - BERNARD AVENUE AND COOK AVENUE STORM SEWER CONTRACT # ISE-15P-TB809

The Corporation of the Town of Fort Erie requires a professional engineering consultant to provide engineering services for the design of new storm sewers for Cook Avenue and Bernard Avenue from Risselay Avenue to Thunder Bay Road. The new storm sewers will be an extension of the existing storm sewer system located on Thunder Bay Road.

Sealed proposals clearly marked as to contents will be received by Bart Menage, Manager, Purchasing and Finance Services, Municipal Centre, 1 Municipal Centre Drive, Fort Erie, Ontario, until 2:00 p.m. local time on:

TUESDAY, NOVEMBER 10, 2015

NOTE: The Town of Fort Erie posts all formal competitive bid opportunities on the Town's Bidding Landing Page www.bidding.com/forterie. Alternatively, proposal documents may also be obtained or viewed commencing, Tuesday, October 27th, 2015, in the Infrastructure Services - Engineering Department at Town Hall.

Deadline for pre-proposal questions is Thursday, November 5th, 2015.

For further information, please contact Bart Menage, Manager of Purchasing and Finance Services, Town of Fort Erie Municipal Centre, bmenege@town.forterie.on.ca or (905) 871-1600 ext. 2303.



Civil Marriage Services at Town of Fort Erie



You can now exchange your wedding vows at Fort Erie Town Hall.

A simple, civil marriage ceremony can be conducted by the Town Clerk or designate at Town Hall, Monday through Friday (except statutory holidays) between the hours of 9:00 a.m. and 4:00 p.m. If you would like to book a ceremony performed outside these hours or at a different location, please contact us to discuss availability. Due to the civil nature of the service, the Clerk has no authority to perform ceremonies of a religious nature.

We can perform same day service, however, we suggest that you prearrange a date to discuss and personalize your ceremony. To make arrangements or receive information regarding requirements prior to your Civil Service please contact us at 905-871-1600 or through our website www.town.forterie.on.ca

The fee for a Civil Service is \$300.00 and the cost of a Marriage Licence is \$130.00 (taxes included). ~~All fees must be paid prior to booking the Civil Marriage.~~
Ceremony and can be paid with cash or debit.



Employment Opportunity

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Highest voter turnout in 22 years

Tony Ricciuto
Postmedia Network

Many Canadians decided the Oct. 19 federal election was important and they wanted to be counted.

Preliminary figures from across the country show there was a surge in overall voting and results from the Niagara area showed we were close or higher than most of Ontario that came in at 68 per cent.

Quebec came slightly lower than Ontario at 66 per cent, the Maritimes at 70 per cent and the Yukon at 76 per cent.

Across the country, 68.49 per cent turned out to vote.

This was the highest voter turnout in 22 years when nearly 70 per cent showed up to mark their ballots.

According to Elections Canada, back in the 2011 federal election the overall voter turn-out was slightly more than 61 per cent.

"We are seeing a trend where more and more people have been turning out for elections," said Livianna Tossutti, associate professor of political science at Brock University.

"Our aging population has something to do with it and is one factor, we know that older people are more likely to vote than younger people. Also, at the beginning there was some kind of uncertainty about what kind of government we might have and it kept people's interest in the election," said Tossutti. "More competitive elections will induce higher voter turnout."

Last Monday in Niagara Falls riding, 64,703 cast ballots out of 102,602 registered electors, or 63.06 per cent. That number does not include electors who registered on election day. The population for the riding is 128,357.

Tossutti said the leaders who are running might also be a factor. Some candidates might be perceived as being more charismatic than others and that might mobilize more voters, especially younger voters.

While we don't yet know what the turnout was for

younger voters, she said there did appear to be a connection between some of the leaders and younger voters.

"Also, Elections Canada made a more concerted effort to make it easier for younger people on campuses to vote this year by placing polling stations on campuses so even if people were away from their home it would be more convenient for them to vote," said Tossutti. "This is a good strategy to help target that segment of the electorate that finds it just too inconvenient to vote."

In 2011 a survey was done asking people why they don't

vote and one of the top four answers (23 per cent) was by people who said they were too busy and they had family, school or work conflict.

Tossutti said based on preliminary reports from Elections Canada quite a few students did use the opportunity to vote.

In St. Catharines, 56,784 people voted out of 84,474 registered electors, or 67.22 per cent. The city has a population of 110,596.

In Niagara Centre, 54,400 people voted out of 82,305 registered voters, or 66.1 per cent. It has a population of 105,860.

Niagara West had the best turn out with 50,761 voters

out of 68,937 registered electors, or 73.63 per cent. It has a population of 86,533.

Tossutti said Trudeau attracted large crowds on the campaign trail, he generated more excitement in the race, and of course he had the Trudeau name.

"The three parties were essentially tied at the beginning and then their fortunes changed at some point and there were some compelling and important issues during the campaign and Canadians were engaged and they were following the 78-day campaign," said Tossutti.

tony.ricciuto@sunmedia.ca

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Fort Erie and area
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MASTER PLAN

You are invited to

Community Workshop #3

for the Bay Beach Master Plan

November 5, 2015

Crystal Ridge Library 89 Ridge Road South, Ridgeway

Please join us to review and discuss the [Master Plan](#) and [Implementation Strategy](#) for the Bay Beach property. The Project Team will present the Master Plan at

2:00 pm

5:00 pm

7:00 pm

Maximum of 40 participants per session.

Please email: baybeach@planpart.ca to register for one of the workshop sessions.



For more information contact
Signe Hansen, Manager of
Parks and Open Space
Development, Town of Fort Erie,
905-871-1600 x 2506
shansen@town.forterie.on.ca

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Park to close for deer hunt

Short Hills Provincial Park will host the aboriginal deer hunt again this year for two weekends in November.

The Ministry of Natural Resources and Forestry announced on Monday that the park will be closed to the public during the hunt on Nov. 14 and 15 and again on Nov. 28 and 29.

The hunt will begin a half hour before sunrise until a half hour after sunset each of those days.

The Ministry said the deer hunt is a traditional activity recognized through Aboriginal and treaty rights and gives Aboriginal hunters the opportunity to harvest deer for food.

Three hunts have taken place at Short Hills since January 2013 and all have attracted protests.

Recently, residents raised concerns at Niagara Regional Council on Oct. 1, asking that safety protocols during the hunt be reviewed and enforced.

Those concerns included people entering the park while the hunt is ongoing, hunters breaching designated hunting zones and the number of hunters allowed within the park at one time.

The ministry said in its statement Monday that Aboriginal hunters will use archery equipment and will follow a mandatory safety protocol.

The hunt will happen in the south part of the park, with the least amount of development and trails.

Park staff will monitor access points to alert the public the park is closed for their safety.

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- Orville Tomlinson** Sales & Leasing Representative
- Melissa Margas** Sales and Leasing Consultant

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Together, we stand up to Breast Cancer



Anita

Diagnosed: Invasive Ductal Carcinoma of my right breast, Stage 1, Grade 1, PR/ER + January 10, 2012 Now: Age 54

"I live each day as it comes now I don't worry about long term goals, like I did before. I enjoy my life. My family has been there for me through this whole ordeal. My husband is a joy and I have to say having a small child to raise has helped me daily."

Advice to new patients: "Keep a positive attitude is the best advice I can give. Take it one day at a time, if you feel tired, take a rest."

Jerri

Diagnosed: Stage 3 Breast Cancer April 10, 2013 Now: Age 48

"I refuse to accept anything not going well. Life is too short to look at the negatives. If it's a tough day, I find something little to be happy about. If you truly stop to think about it, we all have many things that are going right. Someday it might be easier to see them; however, each day we have to take the time to find them. I don't think about tomorrow, so I focus on what's good right now."

Advice to new patients: "Lean on your spouse, family and friends. Don't walk this walk alone. If you are afraid, it's ok; however, don't let fear rule your life."

Angie

Diagnosed: Invasive Ductal Carcinoma/ Ductal Carcinoma in Situ January 9, 2013 Now: Age 42

"I'm definitely more appreciative than ever before I've had alot of friends and family come to my side and truly want to help."

Advice to new patients: "Don't be so scared, you have lots of people that love you!"

Barbra

Diagnosed: Stage IIIB Triple Negative Invasive Ductal Carcinoma (3 tumors) in Left Breast December 11, 2009 Now: Age 60

"My cancer is in remission (Whoo hoo). I have learned not to sweat the small stuff and live each day to the fullest and to never ever give up hope, to stay strong and positive always, and to give back more and pay it forward."

Advice to new patients: "Rely on family & good friends for support"



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Diane

Diagnosed: Invasive Ductal Carcinoma, Stage II, Estrogen Positive August 30, 2010 Now: Age 41

"I know that life is short, and I know that cancer does not discriminate. It didn't matter that I tried to take care of myself. It didn't matter that breast cancer didn't run in my family or that I didn't carry the BRCA genes. It didn't matter that I was young (39) at the time of my diagnosis. Going through cancer treatment made me realize that we have a so much more to go in the humane treatment of cancer."

Advice to new patients: "Don't go through it alone."

Tammy

Diagnosed: Intermediate Grade Invasive Ductal Carcinoma March 16, 2012 Now: Age 42

"Having had cancer has made me realize there are no guarantees. I work with people everyday who are dealing with "bumps" in their road, as an occupational therapist, I TRY not to take too much for granted."

Advice to new patients: "Have a good support system. Don't be afraid to cry when you need to... but then realize just appreciate every moment. Lean of friends, family, they WANT to help... even if it's just an ear."

Debra

Diagnosed: Breast Cancer Stage 2B June 8, 2010 Now: Age 60

"The most challenging thing about cancer is accepting it. I am a great helper. It's harder to accept help than to give help. I am relying on other people more. I have learned how important small considerations can be."

Advice to new patients: "Learn to ask for help."

Leticia

Diagnosed: Invasive Ductal Carcinoma Stage IV April 9, 2009 Now: Age 30

"I was diagnosed in my last semester of Nursing School. I managed to finish my education & am a new Nurse. Since I was diagnosed my attitude has changed. I want so much to give something back and make a difference in this world."

Advice to new patients: "You are a strong and caring person you keep fighting. We are not in control. Use life to the fullest don't sweat the small stuff. Spend every minute you can with your family. But most of all never give up as positive as you can."



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Brick for person who doesn't like to be called 'honey' or 'dear'

In response to the person who wrote a brick for, people who call others "honey" or "dear". I am flabbergasted that this customer is insulted by another person's kind endearment using words such as dear or honey insulting. There are much more relevant issues in today's world: disease, famine, hurricanes, wars, criminal activity that cause trauma and heart ache. Maybe if I slap some sense into you or better yet, the employee that called you honey slaps you instead. Would that make your shopping experience more enjoyable? Get a grip and be grateful there are still kind decent people you can take a lesson from.

Bouquet for intelligent brick writer

A bouquet for the intelligent person that wrote in response to the pet owner, or should I say inconsiderate, badly informed person who talked about his or her dog barking all the time, that he was talking to other dogs expressing themselves. Are you kidding me? You have no consideration for your neighbours. How can you talk about neighbours when you have no idea of what constitutes one.

The definition of a neighbour is a person who shows kindness or helpfulness toward his or her fellow humans. Take your dog to the training school in Fort Erie, do something productive and helpful for your neighbours. As far as the bylaw, it applies 24/7. The bylaw officer will send out a form to your neighbours

and they will take readings regarding the time the dog barks, the length the dog barks and then the owner will be brought up and pay a nice fine. Kudos for your bouquet, hopefully it will have an impact.

Brick for a chair thief

Bricks for the person, or people, who stole my chair off a handicap ramp on River Trail. I don't know when this was done as I was in hospital for treatment. Those chairs were here for my handicapped brother so we could lunch outside. If you needed the chair more than we did, you could have asked. It is really sad to think we live in a world where people take things that don't belong to them.

Bouquet for the good citizens of Fort Erie

A bouquet for a caring couple that saw me down on the sidewalk with a medical problem and could not get up. Many thanks to you two for helping me get up and seeing that I was okay. I would also like to thank the lady who was driving a van who stopped when she saw the problem and gave me and my two dogs a ride home and that we got into my home okay. Thanks again to the good citizens of Fort Erie.

Bouquet for town staff

A bouquet for the Town of Fort Erie parks crew for doing such a great job preparing the baseball diamonds at Oakes Park this season, especially the Senior Diamond. Your efforts were greatly appreciated.

ed

Brick for cold weather

A brick for the cold weather. I can't believe summer is over already and now we are headed into winter. Yuck.

Send your bricks & bouquets to:
sarah.ferguson@
sunmedia.ca or mail
them to Fort Erie Times,
336 Central Ave., Fort
Erie Ont., L2A 3T6



Maryanne Fifth Postmedia Network

During the Niagara Leadership Summit for Women, a panel discussion will feature local female leaders, from left, Allie Hughes, owner of Hughes & Co.; Debbie Zimmerman, CEO of Grape Growers of Ontario and former regional chair; Mishka Balsom, CEO of Greater Niagara Chamber of Commerce; and Tami Jeanneer, 105.7 EZ Rock news anchor and Niagara College instructor. The panel was held on Saturday in St. Catharines.

Female leadership embraced at summit

Maryanne Fifth
Postmedia Network

Riley Roberts listened intently. When the panel of local women leaders finished their discussion about supporting one another in the community, she felt inspired.

"If you can put your mind to it, you can do anything," the 14-year-old Blessed Trinity Catholic Secondary School student said. "And women leaders are equal to men leaders," she said, despite what society may at times have people

think. It was the message that resonated with the teen at the second annual Niagara Leadership Summit for Women, hosted by YWCA Niagara Region Saturday at Brock University.

CONTINUED > PAGE 31

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Legion honours the memory of Cpl. Nathan Cirillo

Sarah Ferguson
Fort Erie Times

Cpl. Nathan Cirillo's death came as a shock to Canadians across the country.

"The whole episode happened in less than an hour. We are still recovering from that senseless act on Oct. 22, 2014," said Royal Canadian Legion Branch 230 president Barbara Hopkins.

A year ago last Thursday, 24-year-old Cirillo was guarding the Tomb of the Unknown Soldier at the National War Memorial when a gunman approached from behind and shot him.

"He will be in our hearts forever. We will always be proud of him," Hopkins told approximately 30 people who attended a commemorative ceremony to mark the one-year anniversary of Cirillo's death.

A joint Colour Party consisting of members from both Branch 71 and 230 marched from the Royal Canadian Legion on Southmill Street to the cenotaph on the corner of Gorman Road and Farr Avenue for a candlelight memorial service.

Cirillo was a young son, a husband and a father, who deserves to be remembered, Hopkins said.

"In researching the records in the Canadian Book of Remembrance, the young soldiers killed in October of 2014 are not listed."

Only soldiers who are killed while defending their country during a time of war on foreign soil are included in the book.

"I think it's time for the government to recognize that defending our country no longer requires an act of war," Hopkins said.

"Nathan was in uniform, doing his duty when a terrorist on a shooting rampage shot him in the back."

Cirillo "definitely deserves to be recognized among the honoured heroes in Canada's Book of Remembrance."

A petition will be available to sign at Branch 230, at 228 Southmill St., in Ridgeway, urging the government to include Cirillo's name in the book.

After Remembrance Day, the petition will be delivered to political dignitaries in Ottawa for consideration.

Sarah.ferguson@sunmedia.ca



Photos by Sarah Ferguson Fort Erie Times

The Royal Canadian Legion Branch 71 held a commemorative service last Thursday evening for Cpl. Nathan Cirillo, who was gunned down and killed while standing guard at the National War Memorial in Ottawa on Oct. 22, 2014.

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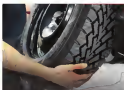
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'When we have those conversations, that change can happen'

CONTINUED FROM > PAGE 28

About 250 people attended the daylong event, which included a series of speakers, presentations and workshops, covering a variety of topics such as female leadership in politics and activism, indigenous leadership, breaking barriers for young women and entrepreneurship.

A panel discussion was held featuring local female leaders Miska Balsom, CEO of Greater Niagara Chamber of Commerce; Allie Hughes, owner of Hughes & Co.; Tami Jeanneret, 105.7 EZ Rock news anchor and Niagara College instructor; and Debbie Zimmerman, CEO of Grape Growers of Ontario and former regional chair. Moderator Ruth Unrau

began by presenting the crowd with some staggering figures about women in leadership roles.

Females have 26 per cent representation in the House of Commons and 13 per cent representation at Niagara Regional council, she said. While women make up 48% of the total labour force, only 5% of top jobs are held by females, she added.

Zimmerman thinks education will be key in seeing those numbers rise in the future.

"I think it's going to take another generation of women saying 'Enough is enough,'" she told the crowd.

"You have to push back. It's going to take a generation pushing back to make those changes."

Jeanneret believes "every

generation builds on the generation before them" and that women have "made incredible strides" over time. She spoke about the shift she has seen in the broadcasting industry, with more management roles being filled by females.

To encourage that trend to continue on a wider scale, women need to begin having more open dialogues with youths, she said.

It's a matter of recognizing that struggles exist and explaining to the next generation of female leaders that "it's not an easy journey, but you can be successful."

Event chair Julie Rorison was inspired to bring the summit to Niagara after participating in a

similar experience in Hamilton.

"I wanted to bring that energy to people in my own community and keep spreading the love," she said.

There are many ways women lead locally, Rorison said, whether it be raising a family, running a business or helping with various community groups. But she said, many of those efforts go unrecognized by society.

The summit is meant to get discussions going about ways women lead, barriers they face and how people, regardless of gender, can support one another on the path to success, Rorison said.

She believes recognizing the various leadership skills and passions that people

bring to the table is what will "push Niagara far."

In many respects, women do not have equal representation in positions of power, but the first step to rectifying that issue is to talk about it openly, said YWCA executive director Elisabeth Zimmermann.

"When we have those conversations, that change can happen."

Zimmermann wanted summit attendees to walk away with "a better sense of who they are and how they are already leaders in the community."

For the men in the audience, she hoped they would "continue to be advocates for equity" and help the message to reach a broader audience.

Jeff Sinclair was among the handful of men who joined the mainly-female crowd Saturday.

It's the second year he has attended the summit in an effort to support diversity in leadership.

To further encourage that diversity in the future, the community engagement co-ordinator at Niagara College believes involvement needs to begin at a young age.

The college, Sinclair said, has a leadership program that staff have worked hard to ensure is inclusive.

"We need to start training that diverse set of leaders."

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Golden handshakes cost millions

Allen Benner
Postmedia Network

Golden handshakes paid to former members of Parliament are costing millions of dollars across Canada following last week's federal election.

Niagara's two defeated MPs account for tens of thousands of dollars in severance and pension payments of that price tag, according to information released by the Canadian Taxpayers Federation this week.

In addition to a \$92,000 severance payment, defeated St. Catharines MP Rick Dykstra, 49, can look forward to \$49,361 a year in pension cheques after he reaches age 55.

If he lives until he's 90, the defeated Conservative could earn \$2.5 million in pension payments, after contributing \$124,992 to his pension fund during almost a decade as MP.

Although Malcolm Allen is not receiving a severance package, the 62-year-old will receive an annual pension of \$34,219, after contributing \$89,164 to his pension fund during seven years as Niagara Centre's representative in Ottawa. Those annual pension payments will add up to more than \$1.275 million for the New Democrat if he lives to be 90.

Allen called his own pension income reasonable, although "it's still big pay cut" compared to the \$167,000 a year he earned during the years he served as MP.

Across Canada, 180 federal politicians, who will not be returning to Ottawa, will earn \$12.8 million in severance cheques, as well as \$5.3 million in annual pension payments. By the time those former MPs reach 90, their accumulative pension payments will cost \$209 million.

The federation reported that eight outgoing MPs will receive annual pension payment in excess of \$100,000, including former Conservative cabinet ministers John Duncan from British Columbia, with \$132,394; Peter MacKay from Nova Scotia, with a \$117,746 pension; and Bernard Valcourt, from New Brunswick, at \$116,987.

Allen said the Canadian Taxpayers Federation has become far more accurate in reporting pension incomes for former MPs.

"They're closer to being accurate now than it ever has in its life," he said, adding the federation used to base its calculations on outdated legislation.

"I think they're getting closer to the actual number now. I think they're right with my pension, I'm not certain but I think they're probably pretty close," he said. "Some of the others may be accurate, they may not be, because it depends on the length of service and the plans they were in initially."

Allen, however, won't be certain about his pension payments "until I go and see them in Ottawa, when the pay and benefits folks get me to sign whatever forms I have to sign to tell me to go away," he said, laughing.

Outgoing MPs need to be 55 or older to collect their pensions after an election, but if they're collecting a pension they don't receive severance payments. MPs must also serve for at least six years before they're eligible for pensions.

Although younger politicians are provided severance payments, they can't start collecting their pensions until they reach 55.

Allen said former MPs also earn higher severance and pension incomes for additional responsibilities. Dykstra, for example, earns a few thousand more in his pension because he served as a parliamentary secretary.

While pension payments seem excessive for some former MPs, Allen said it's due to several changes made to pension plans over the past two decades.

"It evolved over time, and that's why the numbers are not quite always the same" for outgoing MPs, he said.

Pension plans are poised to change again at the start of next year, he added.

The taxpayers federation reported that currently Canadians pitch in \$17 for every dollar MPs contribute to their own pensions. But after reforms to the Members of Parliament Retiring Allowances Act come into play Jan. 1, 2016, taxpayer contributions to the pensions of MPs and senators will gradually be reduced to \$1.60 for every dollar the pension recipient contributes.

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Successful season ends at Fort Erie track

Sarah Ferguson
Fort Erie Times

Jockeys crossed the finish line for the last time this season last Tuesday at the Fort Erie Race Track.

The 40-day race season broke records this year with the racetrack recording multiple million-dollar wagering days.

"(Last Tuesday) was a bit wet and kind of cool... But race fans were there and helped the Fort Erie Race Track set another record: our ninth \$1 million day (in wagering)," racetrack manager Jim Thibert said.

"The previous record was two \$1 million dollar days in a season and that was in 2014 so this year has been great. We could not ask for a better way to close out the season but with yet another record-setting performance."

Thibert said the success of the track is due to the "combination of a really experienced management team, an excellent race office, a tireless special events and

media office, a cost effective maintenance team, a superb food and beverage team, a horseracing community that loves (the Fort Erie track) and a growing diverse fan base."

Racetrack management announced an increase of 25 per cent in wagering and an increase of 4 per cent in all other revenue, which includes food, beverage and program sales.

Thibert said the Fort Erie Live Racing Consortium recently approved an application to apply for 40 racing dates in 2016. Race dates and post time will be announced in the New Year.

Although the racetrack has had a successful year, Thibert said there is still a long way to go to ensure racing in Fort Erie continues.

Last year, the provincial government committed to a five-year Horse Racing Partnership Plan. It is the government's five-year plan to invest \$500 million to support the horse racing industry in Ontario, which ensures



The racing season at the Fort Erie Race Track concluded last Tuesday.

File Photo Fort Erie Times

that the Fort Erie track will have a minimum of 37 race days in a season.

Thibert said he is grateful for the support the Town of Fort Erie has given the racetrack.

In March, the Town of Fort Erie agreed to give the Fort

Erie Live Racing Consortium \$500,000 in 2015, \$250,000 in 2016 and eliminate funding in 2017.

Thibert said a business plan is in the works to continue to find solutions for the decrease in funding provided to the track.

"I think we are proving that we are keeping up with our loss of revenue from partners. We're doing quite well and attracting new customers," he said.

"Our goal is to keep (the racetrack) here for a long time. As more people come

to town, and the Canadian Motor Speedway arrives, and the development of Miller's Creek Arena comes, there will be more people who want to go (to the racetrack)."

Sarah.ferguson@sunmedia.ca



2015 Fall Green Scene

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Notice of Public Information Centre Niagara Parks Marina Enhancement

Thursday, October 29, 2015

6:30 p.m. - 8:30 p.m.

Old Fort Erie Visitor Centre

350 Lakeshore Road, Fort Erie, Ontario

The Niagara Parks Commission (NPC) continues to move forward with its plans to enhance and improve the overall operations of its Niagara Parks Marina.

Members of the public are invited to attend a community consultation at the Old Fort Erie Visitor Centre, to review and comment on three possible operating and enhancement scenarios. The scenarios have been developed as part of a market review of the Marina.

In June of 2014, NPC conducted community and stakeholder consultations on the vision and future of the Niagara Parks Marina at Miller's Creek. These consultations helped shape the market review. The review has examined the entire 20 hectare (49 acre) site: Marina, shoreline and open space lands west of the Niagara Parkway.

The Niagara Parks Marina at Miller's Creek is the only shoreline/water based amenity on the South Niagara Parkway leading to Old Fort Erie. NPC would like to strengthen the visitor and tourist experience along this route by providing nodes of interest and complementary attractions. The revitalization of the Niagara Parks Marina is a key contributor to advancing this strategy.

NPC's vision is to create a regionally unique, recreation destination appropriate to the Parkway and its historical river setting. This vision is based on the establishment of an exceptional public marina facility that will be developed in an economically and environmentally sustainable manner. It will also provide easy and convenient access to all the attractions along the Niagara Parkway.

This destination facility will: reinforce The Niagara Parks Commission brand; maintain the pre-eminence of the Niagara Parkway; serve the boating and recreational community across the International Niagara region; and, ensure a great experience for all patrons, tourists and visitors.

The agenda for the community consultation will include a presentation and opportunity for break out discussion groups.

Members of the public will be able to provide their feedback and comments during the session, as well as afterwards until Wednesday November 12, 2015, either online at www.niagaraparks.com/millerscreekmarina, or by mail to:

Niagara Parks Marina Comments
The Niagara Parks Commission, Communications Department
P.O. Box 150, 7400 Portage Road
Niagara Falls, Ontario, L2E 6T2



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Blue Devils drop record to 4-1

David Sauer
Special to The Times

The Ridgeway-Crystal Beach High School Blue Devils came up just short with a 21-20 loss against the visiting Thorold Golden Eagles last Thursday.

The Blue Devils' record dropped to 4-1 in senior single A high school football action.

Both teams' defenses came out to play in the first quarter with neither team being able to score.

The home team drove the ball well, but they could not finish their offensive drives. In the second quarter, the Eagles took advantage of Blue Devil penalties and took a 7-0 lead.

The Blue Devils stormed back with a touchdown drive of their own, capping the drive with a one yard run by A.J. Stewart. At the end of the half, the Blue Devils executed their three-minute offense to perfection scoring another touchdown to end the half on a 12-yard touchdown reception by Tanner Schinkel from Stewart.

In the second half, Thorold equalled the score, but RCBHS

responded again with another one-yard score, this time by Tanner Schinkel. Unfortunately the extra point was missed and RCBHS held a six point lead heading into the fourth quarter.

In the final quarter, the Blue Devils had difficulty moving the ball, which gave the Eagles the opportunity they needed to win the game with a touchdown.

The Blue Devils tried to move into field goal range, but Thorold's defense held and the Blue Devils tasted their first loss of the season.

The team was led offensively by Tanner Schinkel with 151 rushing yards and A.J. Stewart completed 10 of 15 passes for 129 yards.

Defensively the Blue Devils were led by Austin Weaver with 10 tackles, Cam Cannon with eight and Jaxon Aquilina added seven.

The Blue Devils will finish their regular season on Thursday in a match against the hosting South Lincoln Bears at 3 p.m.

Results of the game were not available before press deadline.



Special to The Times

The Blue Devils' record dropped 4-1 last Thursday when the team was defeated by the visiting Thorold Golden Eagles.

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Meteors welcome new teammate

Sarah Ferguson
Fort Erie Times

Troy Henley, an 18-year-old New Jersey native, is looking forward to playing with the Fort Erie Meteors this season.

Henley recently joined Fort Erie's junior B team after having played a year with the Ontario Hockey League's Saginaw Spirit. Henley was acquired by the Spirit in a mid-season trade with the Ottawa 67's last year.

He was first drafted in the second round, 20th overall into the OHL and played for Ottawa in 2013.

The newest member of the Meteors is hoping to improve his skills and gain more experience on the ice.

"I thought (Fort Erie) would be a great place to play," the defenseman said.

"I'm here because I am hoping to play more minutes (on the ice) than I have been. I'm hoping to bring as much as I can to the team."

Head coach Rob Hubert

said Henley is a much-needed addition to the team.

"We are very excited to have him," the coach said.

Having Henley play for the Meteors is an opportunity Hubert "couldn't pass up."

"He fills a void on the team. I mean no disrespect to the team. But, it's great to be able to pick up a player with (Henley's) abilities. We could not pass this up and it's a privilege to be able to work with him."

Henley will bring "more experience" and "leadership" to the team.

"I watched (Henley) when he played for Ottawa and all the reports say this guy is a quality young man," Hubert said.

Henley was a member of the U.S. Under 17 team that went on to win the Five Nations Gold Medal in 2014. He is also an OHL Cup Champion, which he won in 2013 with the Oakville Rangers Minor Midget program.

Sarah.ferguson@sun
media.ca



Sarah Ferguson Fort Erie Times

Troy Henley, 18, is the newest member of the Fort Erie Junior B Meteors.

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Hubbert says Meteors 'deserved a better fate'

Sarah Ferguson
Fort Erie Times

According to head coach Rob Hubbert, the Fort Erie Meteors 'deserved a better fate' this past weekend.

After defeating the Pelham Pirates 7-6 Friday night, the Meteors fell 4-3 to the Ancaster Avalanche Saturday at the Fort Erie Leisurplex in Greater Ontario Junior Hockey League Golden Horseshoe Conference action.

"We were up three—nothing (headed into the third period) and we couldn't hold the lead," Hubbert said. "This is night in and night out and it's frustrating."

Holden Garlett scored his first goal of the night at 6:39 in the first period. Anthony Passero and Darten Kiehl assisted. Garlett scored again in the second period at 13:19 on a power play. Ben Evans and Declan Conway assisted.

Mackenzie Passero clipped in another goal in Ancaster's net at 18:10 to give Fort Erie the lead. Tristan Drescher assisted.

Joshua Pace scored at 18:44 in the second period, and again at 3:17 in the third period for the Avalanche.

Ryan Cox tied the game in the

third period at 17:18, sending the game into overtime.

Ben Hughes secured the win for Ancaster at 21 seconds in the overtime period.

Hubbert said Riley Daniels, who made 30 saves on Fort Erie's net, "struggled a bit."

"We needed a big save, but we didn't get it," he added.

Matt Cales saved 11 of 14 shots in between the pipes for the Avalanche.

The Meteors incurred 10 minutes in penalty time with five minors. The Avalanche incurred 10 minutes in penalty time with five minors. Ancaster's Max Ballinson was ejected from the game.

Hubbert said the Meteors needed to improve their teamwork and take fewer penalties.

"We were on our heels. (In the third period) we were not doing the little things we were doing earlier in the game," Hubbert said.

"We didn't follow the game plan, and guess what? I didn't work."

The Meteors have recorded a record of five wins and eight losses so far this season.

St. Catharines will host Fort Erie Friday at the Jack Gatecliff Arena at 7 p.m.

sarah.ferguson@sunmedia.ca



Joseph Bard Special to The Times

The Fort Erie Meteors fell 4-3v to the Ancaster Avalanche Saturday at the Fort Erie Leisurplex.

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ALZHEIMER Society Niagara Region Support Groups for Care Partners meets first Thurs of each month (except July & Aug.) 1:00-2:00pm. Residences on Garrison, 373 Garrison Rd. Fort Erie. 905-687-3914

Personal Notices

Personal Notices

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The family of the late Nick Langeanau would like to express our heartfelt thanks and appreciation to everyone who expressed their sympathy, support and kindness via visits, phone calls, emails, flowers, cards, food and for their donations in Nick's memory to the Douglas Memorial Palliative Care Unit. A special thank you to Father Ron and St. Michael's Church for the beautiful mass. Thank you to Dr. Soher and the staff at Douglas Memorial Palliative Care for their care and compassion. And a very special thank you to Darren Flagg and Benner Funeral Home for their kindness and support.

Sincerely,
The Langeanau family



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FRASER, Robert Leroy - After a courageous battle with cancer ("Cancer Sucks") while surrounded by loved ones, Robert went to be with His Lord on Wednesday, October 21, 2015 at the age of 62. Devoted husband of Deborah Grimes the love of his life, even exceeded by his beloved Maple Leafs and Blue Jays. Cherished middle son of Millie and the late Burt Fraser. Predeceased by older brother John Boy. Fondly remembered by sister in law Cathy (Danny). Sadly missed by his much younger sister Cindy (Bob Parke) Fraser. He will always be remembered as the teasing uncle of nephews C.J., Chad, Lucas, Jesse, Nicolas, Jenna, Tanya and their families. The Grimes family were his new outlaws family and they will cherish their time with him. Predeceased by his loving aunts Jane Lamorne and Margaret Benner. A special thank you to the compassionate staff of the Douglas Memorial Hospital Palliative Care Unit, especially Dr. Scher, BENNER FUNERAL SERVICES, 1105 Benner Ave., Fort Erie have been entrusted with arrangements. The family received friends on Sunday, October 25, 2015. Funeral Service to celebrate Bob's life took place at the Port Colborne Brethren in Christ Church (10641 Hwy #3) on Monday at 11 am. A private burial service preceded the funeral service. Bob fundraised diligently to help families in Haiti. In recognition of this, memorial donations to the Falls View Brethren in Christ Church Haiti Fund to build a nursery in his honour would be appreciated by the family.

GRAY, Wilfred James "Jim" - Jim passed away at his home on October 20th, 2015. Best friend and husband of Diane. Proud father of James (Lisa), Michael, Sandra (Ben) Prior and John (Jessica). Sadly missed by his 9 grandchildren and 1 great grandchild. Also survived by his mother in law Geraldine Shore. Jim was a quiet man who loved to be surrounded by nature and his family. In keeping with his wishes, private family services entrusted to BENNER FUNERAL SERVICES were held. If so desired, contributions in Jim's memory would be appreciated to the Canadian Cancer Society or the Lung Association.

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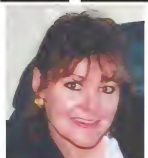
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GURNHAM, Marjorie - Marjorie passed away at Gilmore Lodge in Fort Erie surrounded by the love of her family on Tuesday, October 20, 2015 at the age of 94. Loving wife for over 65 years to Hon. Proud mother of Bob (Mona) and Hugh (Cindy). Loving grandmother of Jon, Alex, Kase (Ben) Wright and Laura. Marjorie and John lived in Owen Sound for over 50 years where John worked as the Manager of the Public Utilities Commission and Marjorie as a devoted wife and mother. Marjorie nurtured her family with her continuous love and support that was as tangible as the air is to breathe. She had graduated from McGill University with a degree in Library Science and was a voracious reader whose love of books manifested itself with volunteer work at the Owen Sound Library. Marjorie was a veteran of WWII serving with The Women's Royal Naval Service, popularly and officially known as the Wrens. Cremation has taken place and a family celebration of life will be held at a future date. **BENNER FUNERAL SERVICES**, 1105 Benner Ave. Fort Erie have been entrusted with private funeral arrangements.

www.bennerfuneralservices.com

MORRISON, Christina Kelly - Passed away peacefully with her family at her side at Gilmore Lodge, Fort Erie on October 25, 2015 at the age of 80. Survived by her husband Jimmy, daughter Donna Murphy and sons James (Linda) & Robert (Debra). Also survived by 6 grandchildren and 3 great grandchildren. Christina was an active volunteer for many years in the Catholic Church in Canada and the U.S. The family would like to thank Dr. Che and the staff of Gilmore Lodge for their care and attention. In lieu of flowers, donations to the Alzheimer's Society would be appreciated by the family. At her request cremation has taken place and a Funeral Mass will be held at St. Joseph's Roman Catholic Church, Newberry Road, Snyder on Friday October 30 at 11:00AM. Arrangements entrusted to **NIAGARA FUNERAL ALTERNATIVES**, 905-894-0120.



SWORDS, Teresa Irene (Nee Willick) - Teresa passed away suddenly on October 13, 2015 in Black Falls, Alberta, at the age of 65 years. She is survived by her mother, Florence Willick, sisters, Kathy (Doug), Rose Turner (Doug), Lorraine (Ken) and brothers, Stephen, John & David (Tammy) and nieces & nephews. Predeceased by her husband Scott and father Anthony. Cremation has taken place. A Celebration of her Life will take place on Sunday, November 1, 2015 at the Fort Erie Legion from 1-4 p.m. A graveside service will take place on Monday, Nov. 2, 2015 at the Woodlawn Cemetery in Welland at 1 p.m. Memorial donations can be made to the Heart & Stroke Foundation.



The guardian angels of life fly so high as to be beyond our sight, but they are always looking down upon us.

Jean Paul Richter



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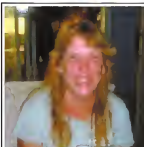
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In Memoriam

In Memoriam



CAROL Makot (Latham)

October 19

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NIGH, Calvin G.

In loving memory of Calvin, who passed away October 29, 2014. Beloved Son, Husband, Father, Uncle, Educator, Coach, and Friend.

What you leave behind is not what is carved in stone monuments, but what is woven into the lives of those who have touched.

A life celebrated, fondly remembered, deeply loved, and sorely missed,
 Andrea, Griffin, and Gwendy

**Nothing is
 really lost
 as long as you
 remember it.**

- Ally Condie,



10 THINGS ABOUT TURTLES

The earliest known members of turtle species date back 157 million years, older than snakes and crocodilians.

Tens of thousands of sea turtles are lost each year to overharvesting and illegal trade.

The biggest freshwater turtle in North America is the Alligator Snapping turtle. It can grow to 2.5 ft. (0.76 m) long and weight up to 200 lbs (90.7 kg).

What's the difference between turtles and tortoises? Both are from the order of Testudines, but in different classification families. Their main difference is where they live - Tortoises dwell on land, while turtles live in the water some or nearly all of the time.

Leatherback turtles (found only in Australian waters) are the largest on Earth, growing up to 7 ft. (2 m) long and over 2,000 lbs. (900 kg).

The shell of a turtle is the evolutionary modification of the rib cage and part of the vertebral column and made up of about 50 different bones.

Turtles can make sounds by swallowing or forcing air out of their lungs. Some species emit unique noises that sound like a chicken clucking or a human belching.

Turtle shells have nerves and a blood supply, so if the shell is injured the turtle can bleed and feel pain.

Depending on species, turtles can lay 24 to 110 eggs per clutch.

Although many species live in or around water, turtles breathe air and do not lay eggs underwater.



Sources: Animal Planet, WWF

Photo: iStock

CAN YOU FIND IT? Somewhere on this page we've hidden 11 turtles. Where are they?

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Marathon runners battle strong wind

Tony Ricciuto
Postmedia Network

He tried to make it his third Niagara Falls International Marathon win in a row, but Lucas McAneney of Etobicoke had to settle for third place coming in just behind second place finisher Marco Dozzi from Pittsburgh and winner Taylor Kraayenbrink from Sarina.

"It wasn't easy because of the wind," said Kraayenbrink, minutes after crossing the finishing line and being congratulated by members of his family.

"It felt good for about the first 23K and then the wind made the last part of the race really tough. It was just me and one other guy at the 23K mark so I knew that if I could just hang on I could win," he said. "I had trained to even run faster but I was slowing down because of the wind. I didn't want to show any weakness and as long as the other guys were behind they couldn't see my face so they didn't know that I was suffering and I was hoping that I would be able to just stagger in first."

Kraayenbrink, 25, ran this same marathon eight years ago when he was only 17 and didn't feel too good on race day.

"It was a 40 minute improvement for me so that was kind of nice," said Kraayenbrink.

Over 3,500 runners took part in the marathon, which began at the Albright Knox Art Gallery in Buffalo at 10 a.m., continued across the Peace Bridge in Fort Erie and finished up at Table Rock House in Niagara Falls.

In addition to the marathon, a half marathon, half marathon walk, half marathon wheelchair and five-kilometre races also took place.

Dozzi ran this marathon back in 2012 at which time he also finished second.

"It was quite a different race in 2012, there was a big pack of guys and then it eventually thinned out. This time, Lucas, Taylor and I were trading leads every mile to cut the wind," said Dozzi. "The last 10 or 20 miles I was just cruising and trying to stay alive and cross the finish line. Then I got my second wind and started seeing these guys in."

McAneney said he was well trained the last two years when he won, but he got married just a few weeks ago right at Table Rock, where the marathon ends.

"I had a lot of other things on my mind, I just got back from my honeymoon. I always have so much fun at this marathon and that's why I wanted to come back," said McAneney. "The other guys beat me fair and square. It was windy, but that's a part of racing and you can't control the weather. I just tried to do my best and have fun," said McAneney.

The half marathon was won by defending champion Berhanu Dega of Ethiopia. The wheelchair racer half marathon was won by Shred Vandervall of Toronto. It took Marybeth Sopic from Buffalo just slightly over four hours to complete the marathon.

"It was great. The weather was beautiful and the scenery was awesome. The



Tony Ricciuto/Postmedia Network

A group of runners were all smiles as they crossed the finish line Sunday during the Niagara Falls International Marathon. More than 3,500 runners took part in the race that began in Buffalo and finished at Table Rock in Niagara Falls.

course is flat and I would certainly do it again," said Sopic, who competed for the first time in this event.

"They had a lot of water stations along the way and I think that helped a lot. I tried to stay with the pacers so that kept me on track. The time for my last marathon was 4:24 and I did a bit better this time at 4:12 and I'm happy with that," she said. "It was a little windy, but the sun came out when I was getting closer to the Horse-shoe Falls so that helped."

Geoff Gamble from St. Catharines who ran the half marathon said it was a bit on the windy side, but he enjoyed the run.

"It was fantastic and it was a lot of fun," said Gamble

who has been running for about 10 years, but hasn't participated in many marathons. "We had a big group of people cheering us on from Runners' Edge so that was fantastic."

Tom Farr from Brantford, who ran the half marathon, comes from a family of runners. They have taken part in this marathon for more than 10 years.

"We run all the time and never really train super serious, but enough so that we can make the distance with no problem," said Farr. "The weather was pretty good, we've had worse years than that for sure."

Race director Joyce Harris said it was a cold, windy day, but that's the way some runners like it.

"It's tough on the volunteers because they are out there for hours, but at least it didn't rain and we did not have the mist coming our way," said Harris, who is retiring after being involved in the race in a variety of capacities since 1999.

"We had about 600 kids come through here this morning with the school challenge and that was great to see because that promotes health and fitness through the sport of running," she said.

Some changes were made near the finish line so that spectators would have a better view and be able to cheer on the runners.

"People like this location because it is so close to the falls," said Harris, adding this event would not be possible if

not for the volunteers. "We have about 1,000 volunteers. Our marathon starts in Buffalo so we have about 200 in Buffalo alone, including about 35 police officers who volunteer. On our side we have about 800 including road marshals, water stations, and also Niagara College paramedic and security students, St. John Ambulance and Niagara Emergency Medical Services."

Harris said she has enjoyed her time with the marathon, but she plans to do some traveling and enjoy her retirement.

"It has been a lot of work and I'm going to miss it, but I'm ready to go."

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